

Proclamation

“EveryBody Active2Day”

WHEREAS: On December 6, 2013, at the McKenna Event Center in New Braunfels, Texas, a Community Health Summit will be held in order to empower, engage and educate our community to commit to healthy lifestyles; and

WHEREAS: Fourth grade students from Goodwin-Frazier, Carl Schurz and LoneStar Elementary schools will be participating in a day of fun, educational activities focusing on the importance of healthy eating and physical activity; and

WHEREAS: Comal County has 26% of its adult residents that are overweight or obese; and

WHEREAS: Three in ten youth in Comal County are overweight or obese; and

WHEREAS: More children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes, stroke, and heart disease; and

WHEREAS: The current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS: Obesity takes a tremendous toll on the health, economic impact and productivity of all Texans; and

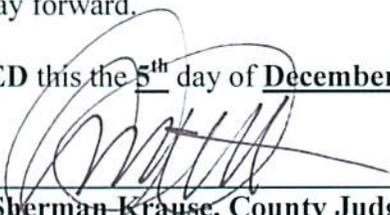
WHEREAS: The annual cost to Texas - in medical bills, workers compensation and lost productivity -for overweight, obesity, and physical inactivity exceeds \$9.5 Billion and could reach as high as \$32.5 Billion by 2030; and

WHEREAS: Obesity is the result of complex social and environmental factors and it is in the best interest of everyone to support efforts to increase opportunities for healthy eating, physical activity; and

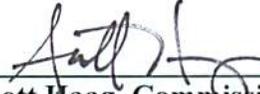
WHEREAS: It is important to have a community wide approach to supporting efforts to encourage healthy eating and physical activity for all citizens.

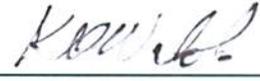
NOW THEREFORE IT BE RESOLVED that the Commissioners of Comal County hereby proclaim December 6, 2013 as a day for every citizen to recognize the importance of taking time for physical activity and proclaiming this day “EveryBody Active2Day” in support of those efforts towards good health and encourage everyone to make time to engage in 30 to 60 minutes of physical activity today and every day forward.

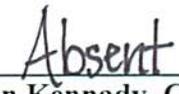
PASSED AND APPROVED this the 5th day of **December 2013**.


Sherman Krause, County Judge


Donna Eccleston, Commissioner Pct 1


Scott Haag, Commissioner Pct 2


Kevin Webb, Commissioner Pct 3


Jan Kennady, Commissioner Pct 4

Attest:


Joy Streater, County Clerk





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